

# 2026-27 Waste/Recycling Pickup Schedule (Tonan Area Edition)

Morioka A2-3

Non-Collection Days: There will be no collection on December 31 to January 3.

	Sun.	Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
April	5	6	7	8	9	10	11
	12	13	14	15	16	17	18
	19	20	21	22	23	24	25
	26	27	28	29	30		
May	3	4	5	6	7	8	9
	10	11	12	13	14	15	16
	17	18	19	20	21	22	23
	24	25	26	27	28	29	30
June	7	8	9	10	11	12	13
	14	15	16	17	18	19	20
	21	22	23	24	25	26	27
	28	29	30				
July	5	6	7	8	9	10	11
	12	13	14	15	16	17	18
	19	20	21	22	23	24	25
	26	27	28	29	30	31	
August	2	3	4	5	6	7	8
	9	10	11	12	13	14	15
	16	17	18	19	20	21	22
	23	24	25	26	27	28	29
September	6	7	8	9	10	11	12
	13	14	15	16	17	18	19
	20	21	22	23	24	25	26
	27	28	29	30			
October	4	5	6	7	8	9	10
	11	12	13	14	15	16	17
	18	19	20	21	22	23	24
	25	26	27	28	29	30	31
November	1	2	3	4	5	6	7
	8	9	10	11	12	13	14
	15	16	17	18	19	20	21
	22	23	24	25	26	27	28
December	6	7	8	9	10	11	12
	13	14	15	16	17	18	19
	20	21	22	23	24	25	26
	27	28	29	30	31		
January	3	4	5	6	7	8	9
	10	11	12	13	14	15	16
	17	18	19	20	21	22	23
	24	25	26	27	28	29	30
February	7	8	9	10	11	12	13
	14	15	16	17	18	19	20
	21	22	23	24	25	26	27
	28						
March	7	8	9	10	11	12	13
	14	15	16	17	18	19	20
	21	22	23	24	25	26	27
	28	29	30	31			

Keep the three principles of waste disposal.

- 1) By 8:00 a.m. on the designated collection day.
- 2) In the designated place.
- 3) In a proper manner of separation. Put the waste out in a transparent or translucent bag.

For more information, please see the Waste Separation Dictionary. For recyclables, use group resource collection, etc., as much as possible.

**Notes**  
Waste from businesses cannot be disposed of at local collection points. For more information, please see the Waste Separation Dictionary for Businesses.

Category	Collection Schedule	Waste Content / Disposal Method
Recyclable Waste	<b>Kitchen Waste</b> Tue & Fri	Food scraps/meat/vegetables, etc.  Drain food garbage.  Discharge into the bucket.  "Den-en Yuki" 350 yen (15kg package) Now on sale
	<b>Plastic Containers/Packages</b> Fri	Containers for tofu, pudding, etc.  Recycling symbol for plastic containers  *Please put them out in a transparent or translucent bag.
	<b>Paper Containers/Packages</b> 1st & 3rd Thu	Ice cream containers, etc.  Recycling symbol for paper containers  *Please put them out in a transparent or translucent bag.
	<b>Newsprint/Paper/Paper Packs/PET Bottles</b> 1st, 3rd & 5th Mon	Paper packs Newspapers Magazines  Recycling symbol for paper packs  PET bottles  Rinse out PET bottles.  *Paper cartons and PET bottles should be put out in a transparent or translucent bag.
	<b>Bottles/Cans</b> 2nd & 4th Mon	Cans  Recycling symbol for steel cans  Recycling symbol for aluminum cans  Rinse out cans.  Spray cans  1. Fully empty of its contents. 2. Clearly label the bag with "スプレー缶 (Spray Can)".  Separate bags for empty cans and bottles.  *Please put them out in a transparent or translucent bag.
	<b>Cardboard/Used Clothes</b> 4th Thu	Cardboard  Flatten cardboard and bundle with string.  Used clothes  Wash in advance as much as possible.  *Please put used clothes out in a transparent or translucent bag.
Non-burnable Waste	<b>Over-size/Non-Burnable</b> 3rd Thu	[Definition] Items with a total length, width, and height of under 3 m, or under 2 m on the longest side.  Skis, snowboards  Bicycles  Put a note "大形ごみ (Oversize)" on them  Toys (metal)  Wrap with paper and not mix.  *Non-burnable trash should be placed in a transparent or translucent bag.
	<b>Toxic/Hazardous Waste, Dry-Cell Batteries</b> 2nd & 4th Mon	Fluorescent light tubes  Light bulbs  Wrap up in paper or put in a case for protection  As needed  Razors  Thermometers  Dry-cell batteries  Lighters  Put into the "Battery Collection Box"
	<b>Burnable Waste</b> Wed & Sat	Paper waste  Diapers  Remove feces from diapers  Large amounts of grass, fallen leaves and cut branches should be disposed of in two to three bags at a time.  5cm  50cm  5cm  Wood waste  Smaller than 50 cm long and 5 cm thick  Shoes, bags  Eggshells, shells, bones  Toys (non-metal)  Futons, blankets, etc.  Under 1 meter long  Never put in spray cans, lighters, or other prohibited items.  *Please put them out in a transparent or translucent bag.

### Collected at bases (small home appliance collection boxes)

**Small home appliances** There are special collection boxes for cell phones, portable radios, telephones, etc. Please put in your unwanted small home appliances. For details, please refer to the Waste Separation Dictionary.

### Items to be requested for collection and items to be brought in directly

- ◎ Large, non-burnable waste with a total of 3 m or more in length, width, and height, or 2 m or more on the longest side. Examples: Large bed frame, large wardrobe, large table
- ◎ Specified items regardless of size: Organ, sprung mattresses and sofas, tatami mats, electronic pianos, drums, home tanks, bathtubs
- ◎ Once-off large amounts of garbage

Please make a reservation in advance and bring it directly to the Cleaning Center by yourself, or ask a licensed general waste collector and transporter. (Charged)

- ◎ Dead bodies of domesticated dogs, cats, etc. must be brought directly to the cleaning center. (Charged)
- ◎ Damaged, wet, or swollen lithium-ion batteries: Directly bring to the cleaning center

### The following items are not picked up for collection, or accepted at the Cleaning Center.

- ◎ Four household electric items: air-conditioners, televisions, refrigerators / freezers, washers / dryers. Contact: Nippon Express, Morioka Branch Tel: 019-637-6411
- ◎ Computers Contact: PC3R Promotion Association Tel: 03-5282-7685
- ◎ Fire extinguishers Contact: Japan Fire Extinguisher Manufacturers Association Tel: 03-5829-6773
- ◎ Rechargeable batteries: Please refer to the JBRC website for details on cooperating stores and collection.
- ◎ Electone/piano, large safes/fireproof safes, gas cylinders/propane gas cylinders, commercial stockers, car batteries, car parts (bumpers, etc.) and tires, concrete blocks and bricks, senior cars, thinners, paint, plasterboard, insulation, kerosene, oil, waste oil, tree branches exceeding 50 cm in length and 5 cm in thickness, fireworks, gunpowder, matches, flares, printer ink cartridges, toner, chemicals, pesticides and toxic substances, agricultural vinyl, agricultural equipment and materials
- ◎ Motorcycles, including mopeds (less than 50cc)
- ◎ For disposal destination: Consult the dealer, the handling company, or a licensed general waste collector and transporter. For details, refer to the Waste Separation Dictionary or the website.

### Direct Delivery Reservations

Open: Mon-Sat (excluding special holidays and New Year's holidays)  
Hours: 8:30-10:00 AM, 1:00-3:00 PM

For direct delivery, advance reservation is required by the day before via internet or phone. Please give priority to internet reservations as phone lines may be busy.  
Phone number for direct delivery reservation : 019-613-3501 (Weekdays 8:30 AM-4:30 PM)

6 km to the Cleaning Center from Yahaba Station.  
Disposal fee: ¥105 per 10kg.  
Spring mattresses, etc.: ¥1,320 per 10kg.

### List of licensed household general waste collector and transporter

The following businesses are certified collectors of household waste. (Charged)

Name	Address	Tel
Ivic	Morioka	019-638-5190
Alice	Morioka	019-624-1136
Kaiun Kogyo	Morioka	019-651-5326
Clean Work Sawaguchi	Morioka	019-663-1273
Clean Dust Yoshida	Morioka	019-604-1530
Saito Kogyo	Morioka	019-696-2526
SAIHAN	Morioka	019-636-4234
Daichi Shoji	Morioka	019-651-3241
Fujiken	Morioka	0120-05-8139
Fujichu Shoji	Morioka	019-661-4537
Takasho	Shiwa	019-673-7874
Toyama Sangyo	Shiwa	019-676-4111
Maruyo Sangyo Unso	Shiwa	019-672-4953
Tsukumo	Yahaba	019-658-9562
Total Support Yuiitsu	Yahaba	0120-14-3741
Fujiwara Clean Service	Yahaba	019-698-1753
Yamagishi	Yahaba	019-697-6609

(As of March 2026)